

Invest Regularly to Fulfill Dreams



NIVESH PATRIKA

Year : 9 Volume :10 Monthly Total Pages-8 ₹ 10/- Publication Date - 15 June, 2025

RETIRE RICH Not Just Old



Maloo Investwise Pvt. Ltd.



8287099099 9829040524



www.mftoday.com



services@mftoday.com



Maloo Investwise Pvt. Ltd. (erstwhile Maloo Finance & Investment Services) was established in 1992. Our purpose is to help our customers on their journey to fulfill their financial dreams. With more than 32 years of experience, Maloo Investwise is an esteemed and trusted financial service provider in Rajasthan.

We provide investment, mutual fund and diversified financial services through dynamic information management, benchmarking and continuous client reporting.

Founder and Pioneer



Award and Achievements



Dr. Ramesh Chand Maloo, founder of Maloo Investwise Pvt. Ltd. is a Certified Financial Planner (CFP) with over 30 years of experience in financial management

Awarded with NSE Market Achievers Award in 2018.



His Ph.D. theses "Analysis of Investment Opportunities- A comparative study of Mutual Funds, Equity, and traditional Investments." highlighted investment opportunities in open market

Awarded with the "Tarakki champion" Award in 2019



He has undergone a short term course on "Family Business: Organization, Strategies, Internationalization and Succession" From the prestigious IIM, Ahmedabad.

Awarded with CNBC TV 18, UTI MF, and ICRA's Best performing MFD Award erstwhile (Individual Financial Advisor Award) for north India cities (tier II)' 2018-19



He has also done short term course on leadership development program from ISB Hyderabad.

Awarded with MFRT Imperial Qualifier Award in Year 2013.



Company Strategy

Our Services

Vision

To build long-term relationship with our clients and provide them real time financial services through use of state-of-the-art technology and innovation.

Mission Statement

To ensure optimal financial growth for our clients.

Purpose

To provide active portfolio management and diversified financial services to our clients through dynamic information management, bench marking and continuous client reporting.

Online Investment

Our website and mobile app (IOS and Android) provide our clients with useful financial tools, calculators and articles for better financial planning and do-it-yourself online investment options.

Financial Solutions

We offer various financial products to help our clients achieve their financial goals;

Investment in Mutual Fund

We are Rajasthan's largest retail financial service provider offering a variety of financial products including mutual funds, life insurance, health insurance, postal schemes, bonds (capital gain, infrastructure, government and RBI) etc.

Retire Rich, Not Just Old:

The Power of Early Planning for a Happy, Worry-Free Retirement

INTRODUCTION

Retirement is not the end of the road—it is the beginning of a whole new journey. While the idea of a peaceful, fulfilling retirement is a shared aspiration for many, achieving it requires meticulous preparation and proactive financial planning. One of the most impactful decisions an individual can make is to begin retirement planning early in life. Yet, too often, people delay this critical task, only to face financial uncertainty in their golden years.



This article explores why one should start retirement planning early, the core benefits of having a comprehensive retirement cashflow plan, and how this foresight translates into financial security, independence, and a fulfilling post-work life. With real-life examples, financial insights, and practical strategies, this discussion aims to motivate individuals—especially young earners—to plan for their retirement with the same seriousness they plan for their careers.

PART I: UNDERSTANDING RETIREMENT PLANNING

1.1 What is Retirement Planning?

Retirement planning refers to the process of determining retirement income goals and the actions and decisions necessary to achieve those goals. It includes identifying income sources, estimating expenses, implementing a savings program, and managing assets and risks. A key component of retirement planning is a retirement cashflow plan, which ensures that one's income can sustain expenses throughout retirement without financial stress.

1.2 Why Retirement Planning is Non-Negotiable

- **Increased Life Expectancy:** With advancements in healthcare, people are living longer. A longer life means more years of expenses and greater risk of outliving savings.
- **No Pension Guarantees:** The days of generous pensions are fading. Most private-sector employees must rely on their own savings and investments.
- **Rising Costs of Living:** Inflation steadily erodes the value of money, making everyday expenses costlier over time.
- **Healthcare Costs:** Medical expenses tend to rise with age and can significantly drain retirement savings if not accounted for.

PART II: THE CASE FOR EARLY RETIREMENT PLANNING

2.1 Power of Compounding

One of the strongest financial arguments for starting early is the power of compounding.

Mutual fund investments are subject to market risks, read all scheme related documents carefully.

Compounding enables your money to generate earnings, which are then reinvested to produce their own earnings. Starting early—even with smaller amounts—can yield larger retirement corpus due to this exponential growth.

Example:

- Person A starts investing ₹5,000/month at age 25 at 12% return. At 60, they will have approx. ₹2.76 crore.
- Person B starts at 35 with ₹10,000/month. At 60, they will have approx. ₹1.74 crore.

Even though B invested double, they ended up with less because they started later.

2.2 Lower Financial Burden Over Time

When you start early, you can save smaller amounts consistently without disrupting your current lifestyle. Delaying retirement savings compresses the timeline, forcing larger investments later which can feel burdensome.

2.3 Risk Tolerance and Investment Growth

Younger investors can afford to take higher risks and invest in growth-oriented assets like equities. Over time, these assets tend to deliver higher returns, creating a larger corpus. Early planning allows one to optimize asset allocation.

2.4 Stress-Free Financial Life

Planning early ensures that retirement savings are on autopilot. This removes last-minute panic, allows for emergency fund allocation, and improves overall financial wellness.



PART III: ELEMENTS OF A RETIREMENT CASHFLOW PLAN

A retirement cashflow plan maps out expected income sources and expenses throughout retirement. It is a blueprint for managing money post-retirement to avoid running out of funds.

3.1 Estimating Post-Retirement Expenses

Consider:

- Basic living expenses
- Medical costs
- Travel and lifestyle desires
- Contingency funds
- Inflation impact

3.2 Identifying Income Sources

- Pension (if any)
- Provident Fund (EPF/PPF)
- Annuities or pension plans



Mutual fund investments are subject to market risks, read all scheme related documents carefully.

- Real estate rental income
- SWP (Systematic Withdrawal Plans) from mutual funds
- Dividends and interest income

3.3 Determining Withdrawal Strategy

A smart withdrawal plan ensures the corpus is not exhausted prematurely:

- 4% Rule: Withdraw 4% annually to make your savings last 25+ years.
- Bucket Strategy: Divide funds into short-term (cash), mid-term (bonds), and long-term (equities) buckets.
- Inflation-Adjusted Withdrawals: Account for 6–7% annual increase in expenses.

3.4 Tax Efficiency in Retirement

Choosing tax-efficient investment instruments (like ELSS, NPS, SWPs from equity funds) and drawing income in a tax-optimized manner is vital. Planning helps reduce tax liability and improve net cashflows.

PART IV: CHALLENGES OF LATE PLANNING

4.1 Shorter Investment Horizon

Delaying retirement planning limits the time available to accumulate wealth, requiring higher monthly contributions and exposing investments to higher volatility.

4.2 Lifestyle Downgrade

Without adequate savings, retirees may need to compromise on their quality of life, travel plans, or even basic needs.

4.3 Dependence on Family or Loans

Financially unprepared retirees may become dependent on their children or relatives, causing emotional and financial stress.

4.4 Higher Healthcare Cost Impact

Sudden healthcare costs can severely dent retirement savings. Early planning can help create a healthcare buffer and ensure medical insurance is active before age-related exclusions apply.



PART V: STRATEGIC STEPS TO BUILD A ROBUST RETIREMENT PLAN

5.1 Start with a Goal

Define when you want to retire and estimate how much you'll need. Tools like retirement calculators (you may use the link below) can provide clarity.

<https://mftoday.com/retirement-calculator/>

5.2 Begin Investing Early

Leverage SIPs in mutual funds, PPFs, NPS, and other long-term instruments.

Mutual fund investments are subject to market risks, read all scheme related documents carefully.

5.3 Diversify Investments

Mix of equity, debt, real estate, and gold ensures better risk management and growth.

5.4 Review and Adjust

Review your plan annually. As your income, goals, or inflation expectations change, your retirement plan must evolve too.

5.5 Build a Retirement Emergency Fund

Set aside a buffer for unexpected health or personal emergencies without disturbing the main retirement corpus.

5.6 Work With a Financial Advisor

A certified financial planner can help assess your goals, guide investments, monitor risk, and create a personalized retirement cashflow roadmap.



PART VI: REAL-LIFE CASE STUDIES

Case 1: Rajesh (Started at 25)

Rajesh began investing ₹5,000 monthly in equity mutual funds at 25. By age 45, his corpus touched ₹75 lakhs. He continued contributions until 60, hitting ₹3 crores. He could retire early, travel, and even start a small business from passion.

Case 2: Sunita (Started at 45)

Sunita delayed investments, focusing on family and education costs. She had to invest ₹40,000/month post-45 and still had to downgrade her retirement lifestyle. She's partially dependent on rental income and her children.

PART VII: BEYOND MONEY—PLANNING FOR PURPOSE

While financial security is the cornerstone of a happy retirement, planning also includes:

- Health: Regular check-ups, medical insurance.
- Relationships: Spending time with family, social activities.
- Purpose: Engaging in hobbies, volunteering, or starting a passion project.
- Mental Health: Staying active and avoiding isolation are essential.

Conclusion : A successful retirement isn't about just surviving—it's about thriving. It's about having the freedom to choose how you spend your time, without financial stress or dependency. The foundation of such freedom lies in early and disciplined planning.

By starting early, harnessing the power of compounding, and implementing a well-thought-out retirement cashflow plan, one can build a future that is not only secure but also joyful. The best time to start was yesterday. The second-best time is today.

Catchy Closing Line:

"Retirement is not an age—it's a financial state of mind. Plan early, live freely, retire happily."

Mutual fund investments are subject to market risks, read all scheme related documents carefully.

Sample SWP Cash Flow Table (12% Annual Return)

YEAR	Opening Balance	Investment	Return	Annual SWP (with 5% increment)	Closing Balance
1	-	1,00,00,000	12,00,000	6,00,000	1,06,00,000
2	1,06,00,000		12,72,000	6,30,000	1,12,42,000
3	1,12,42,000		13,49,040	6,61,500	1,19,29,540
4	1,19,29,540		14,31,545	6,94,575	1,26,66,510
5	1,26,66,510		15,19,981	7,29,304	1,34,57,187
6	1,34,57,187		16,14,862	7,65,769	1,43,06,281
7	1,43,06,281		17,16,754	8,04,057	1,52,18,977
8	1,52,18,977		18,26,277	8,44,260	1,62,00,994
9	1,62,00,994		19,44,119	8,86,473	1,72,58,640
10	1,72,58,640		20,71,037	9,30,797	1,83,98,880

Conclusion: This 10-year **Systematic Withdrawal Plan (SWP)** simulation shows how a well-structured retirement corpus can not only sustain annual withdrawals but also **grow over time**—even after factoring in a 5% yearly increase in expenses.

KEY TAKEAWAYS:

- **Initial Corpus:** ₹1 crore
- **Annual Withdrawal:** ₹6,00,000, increasing 5% yearly to account for inflation
- **Expected Return:** 12% per annum
- **Duration:** 10 years
- **Total withdrawal:** ₹ 75,46,736
- **Valuation of initial corpus of Rs 1 crore after 10 years:** ₹ 1,83,98,880

A disciplined SWP from a **well-diversified portfolio earning 12% annual returns** can **comfortably support rising expenses** in retirement while preserving and growing your capital. This ensures:



Since 1992
Trust, Experience & Integrity

Are you ready for the 2nd Innings of your life?



Maloo Investwise Pvt. Ltd.

AMFI Registered Mutual Fund Distributor



8287099099



services@mftoday.com



www.mftoday.com

Retirement
Child Education
Tax Saving
Wealth Creation

Mutual fund investments are subject to market risks, read all scheme related documents carefully.



WEALTH QUOTES

It's waiting that helps you
as an investor, and a lot
of people just can't stand
to wait. 
-Charlie Munger



www.mftoday.com

If undelivered , please return to

Published by: Dr.Ramesh Chand Maloo
103, First Floor, BrijAnukampa, Opp BSNL
Office, Ashok Marg, C- Scheme, Jaipur – 302001
 Phone: 9829040524,0141-2360570/71/72
 Email: niveshpatrika@mftoday.com
 Printer, Publisher & Editor:**Dr.Ramesh Chand Maloo**
 Editorial Team: **CA Kamal Maloo& Col Raj Rakesh**
 Printed at: Mohan Sharma & CO. Pvt. Ltd,A-10,
 Sudershanpura,Industrial Area,Jaipur

Address

Disclaimer:

Nivesh Patrika does not accept responsibility for any investment decision taken by readers on the information provided therein.
 The objective is to keep readers informed by the information and articles.